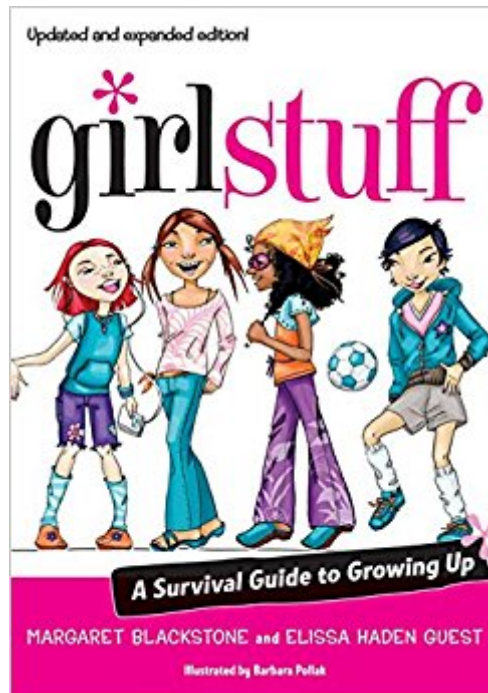




Ebook Directory
the best source of ebook

The book was found

Girl Stuff: A Survival Guide To Growing Up



Synopsis

Girls approaching puberty have lots of questions: How can they get rid of zits? Why do they sometimes feel cranky and scared? Are they "normal"? With a relaxed conversational style, this comprehensive and compassionate guide will help answer those questions and many more--even those that are too scary or embarrassing to ask. Loaded with information that will help tween girls understand and cope with the physical and psychological changes that go along with puberty, this updated and expanded coming-of-age guide will be shared and read over and over until all those changes don't seem so confusing.

Book Information

Paperback: 192 pages

Publisher: HMH Books for Young Readers; 1 edition (April 1, 2006)

Language: English

ISBN-10: 0152056793

ISBN-13: 978-0152056797

Product Dimensions: 6 x 0.6 x 8.5 inches

Shipping Weight: 10.4 ounces (View shipping rates and policies)

Average Customer Review: 3.6 out of 5 stars 30 customer reviews

Best Sellers Rank: #145,494 in Books (See Top 100 in Books) #37 in Books > Children's Books > Growing Up & Facts of Life > Health > Maturing #73 in Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Abuse #905 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Girls & Women

Age Range: 10 - 12 years

Grade Level: 5 - 7

Customer Reviews

"One of the weirdest words in the English language is puberty. Not only does it sound funny--pew-berty or pube-hurty--it also makes us feel funny now and then as we are going through it. Not ha-ha funny--although there is that, too--but scared, awkward, sad, wildly-happy-one-minute-and-utterly-miserable-the-next, gorgeous, ugly, kind, mean, goofy, silly, you-name-it funny." With these down-to-earth and wise words, authors Margaret Blackstone and Elissa Haden Guest begin their wonderfully straightforward, useful, friendly book on girl stuff: you know, menstruation, peer pressure, zits, emotional roller coasters, health, and "what you never wanted anyone to know you want to know about sex." Homey tips about getting bloodstains out of

underpants (and reassurances that it happens to everyone) and what clothing to wear during your period ("Keep a dark sweatshirt at school to wrap around your waist in case you leak through") are interspersed with information about self-defense methods, suggestions on how to tell when a friend is truly a good friend, reproductive anatomy lessons, and stress-busting activities. Sexual orientation is addressed openly and with a liberal attitude. Quotations and questions from girls add an even more authentic teen essence: "The cool girls are the sun, and I feel like I'm on Venus." Barbara Pollack's amusing drawings get to the heart of the matter, without ever being overbearing. This book is the big sister you always hoped for: reassuring, informative, matter-of-fact, nonjudgmental. (Ages 9 to 15) --Emilie Coulter --This text refers to an out of print or unavailable edition of this title.

Grade 5-8-This resource for girls approaching puberty falls between Mavis Jukes's popular *Growing Up* (1998) and her *It's a Girl Thing* (1996, both Knopf), broadly covering female physical, emotional, and social development and sexuality. By covering such a wide range of topics in a compact book, the authors don't go into extensive detail in any particular area, but do an admirable job touching on a plethora of subjects of interest to this audience. Much of the information is shared by pairing frank, realistic questions that readers might ask with accurate, straightforward answers packed with facts. Topics include body hair and odor, nutrition and eating disorders, menstruation, friendship, peer pressure, stress, and alternative medicine. The chapter devoted to acne and skin care is filled with practical, safe, and effective techniques for dealing with related problems. Relationships, sexual identity, and birth control are also discussed but in less detail. Black-and-white spot drawings appear throughout. The accessible format, attractive design, and chatty narrative make this a worthy addition to the girls' development canon. Katie O'Dell, Multnomah County Library, Portland, OR
Copyright 2000 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

Good for girls 12 and up

I bought this for my granddaughter so that she could see that she's not the only one going through changes and so my daughter had something to help her explain things to her too..it has a lot of info and so far they both like it!

Well written book that answers questions some girls aren't too excited to learn about.

Just had it around the house for my daughter and son

FANTASTIC! Worth every penny! My daughter loved it too!

It is a well written book and coming dictating well with girls about the changes they are and will be experiencing.

This book should not be recommended for the ages that are on here. I didn't even give it to my 11 year old. Maybe in High School! Maybe I am naive to think that my daughter does not have questions about some of this stuff but really the book was over the top! Maybe in a few years.

My niece's daughter is will be 12 this week and really doesn't have anyone to talk to about "girl things." So, I purchased this book for her. She enjoyed it so much that she read straight through it, coming very close to finishing it the same day she received it.

[Download to continue reading...](#)

Growing Marijuana: Box Set - Growing Marijuana For Beginners & Advanced Marijuana Growing Techniques (Growing Marijuana, Marijuana Growing, Growing Marijuana Indoors) Survival: Survival Guide: Survival Skills, Survival Tools, & Survival Tactics. Emergency Prepping, & Surviving A Disaster! (First Aid, Survival Skills, Emergency ... Medicine, Bushcraft, Home Defense Book 1) Growing Mushrooms for Profit: The Definitive Step-By-Step Guide to Growing Mushrooms at Home for Profit (Growing Mushrooms for Profit, Growing Mushrooms ... Mushrooms, Growing Oyster Mushrooms) Growing Marijuana: Marijuana Growing Tips and Tricks to Get Big Yields For Beginners! (Growing Marijuana For Beginners, Growing Marijuana Indoors & Outdoors, Growing Marijuana Tips and Tricks) Don't Sweat the Small Stuff . . . and It's All Small Stuff: Simple Ways to Keep the Little Things from Taking Over Your Life (Don't Sweat the Small Stuff Series) Girl Stuff: A Survival Guide to Growing Up Weed: The Ultimate Quick Guide To Growing Great Marijuana (How To Grow Your Own Weed, Growing Marijuana for Beginners, Big Buds, High Yields, Growing Marijuana Indoors, Weed Growing Book 1) Growing Marijuana: Big Buds, Growing Marijuana In Soil For Beginners (Growing Marijuana, Marijuana Cultivation, Marijuana Growing, Medical Marijuana, Marijuana Horticulture) My Stuff, Your Stuff: A Book about Stealing (Growing God's Kids) The Ultimate Survival Guide for Beginners: The Best Tactics And Tips To Survive Urban And Wilderness Disasters (Survival Guide, Survival for Beginners, Survival books) A Beginner's Urban Survival Prepping Guide: Basic Urban Self Defense Guide And Survival Tips in the Prepping Urban

Environment(The Prepper's Urban survival ... A Beginner's Urban Survival Prepping
SURVIVAL: Survival Pantry: A Prepper's Guide to Storing Food and Water (Survival
Pantry, Canning and Preserving, Prepper's Pantry, Canning, Prepping for Survival) A Smart Girl's
Guide: Getting It Together: How to Organize Your Space, Your Stuff, Your Time--and Your Life
(Smart Girl's Guide To...) A Smart Girl's Guide: Getting It Together: How to Organize Your Space,
Your Stuff, Your Time--and Your Life (Smart Girl's Guides) A Smart Girl's Guide: Getting It
Together: How to Organize Your Space, Your Stuff, Your Time--and Your Life (American Girl) Rose
to the Occasion: An Easy-Growing Guide to Rose Gardening, Roses, Growing Roses, Antique
Roses, Old Garden Roses, Gardening Tips, Organic Roses, Also ... (Easy-Growing Gardening
Series Book 2) Cannabis Success: The Easiest Guide on Growing Large Marijuana Plants at Home
(Cannabis, Cannabis Growing, Marijuana, Marijuana Growing, Medical Marijuana, Medical
Cannabis, Hydroponics) Growing Marijuana: Beginner's Guide for Big Buds - step by step (How to
Grow Weed, Growing Marijuana Outdoors, Growing Marijuana Indoors, Marijuana Bible) Marijuana:
Growing Marijuana, Beginner's Guide for Big Buds - Step by Step (How to Grow Weed, Growing
Marijuana Outdoors, Growing Marijuana Indoors, Marijuana Bible Book 1) Growing Marijuana: Box
Set: Growing Marijuana for Beginners & Advanced Marijuana Growing Techniques

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)